

My Invisalign app with Invisalign® Virtual Care

Connected. Convenient. Confident. Safe.

Invisalign Virtual Care is a solution that allows you to stay virtually connected with your Invisalign provider and ensures that you stay on track toward your new smile. Using the My Invisalign app, share photos with your doctor, receive feedback, and feel confident knowing your doctor is overseeing your journey. Virtual Care is doctor care on your terms and on your time.

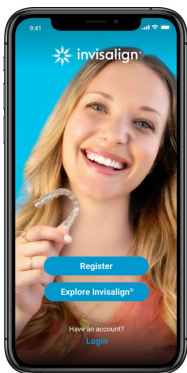
Getting started



01 Download the My Invisalign app

Once your Invisalign provider has enrolled you in Invisalign Virtual Care, you'll receive an email invitation to set up your account. Follow the "Get started now" link to download/update your free My Invisalign app.

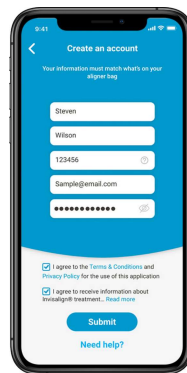
02 Set up your Invisalign patient account



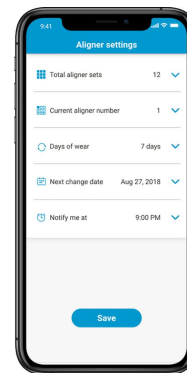
Click "Register" and review Terms & Conditions.



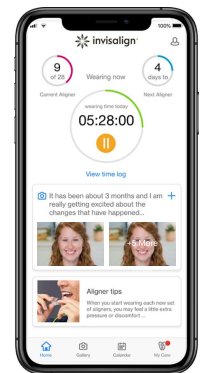
Select "yes" that you are an existing patient, and either scan the QR code on your aligner bag, or enter patient details manually.



Enter account info and create your PIN.



Choose your aligner settings and reminders.

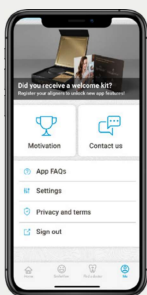


Enjoy your My Invisalign patient account and use the app to take photos with each aligner change.

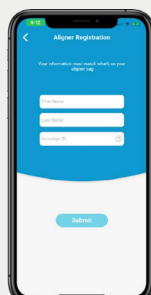
03 It's a good idea to enable notifications for the My Invisalign app, so you don't miss any reminders to change your aligner or submit photos.

+ Already have a My Invisalign account?

If you have already registered for a My Invisalign account, follow the steps below to add Invisalign Virtual Care.



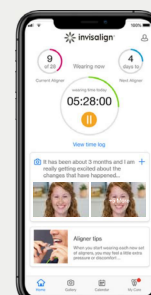
Log in. Tap the welcome kit image in the "Me" section.



Enter your first name, last name, and Invisalign ID.



Either scan the QR code on your aligner bag, or enter patient details manually.



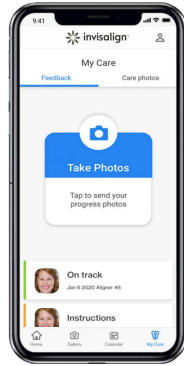
Enjoy your My Invisalign patient account and use the app to take photos with each aligner change.

Your Invisalign® Virtual Care experience

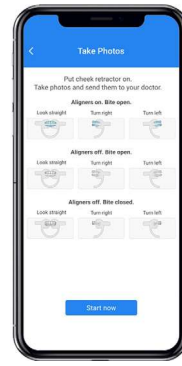
+ With each aligner change, you'll submit 9 photos to your doctor.



You'll receive reminders when it's time to send progress photos and advance to next aligner.



At the time of your aligner change, start the guided photo-taking process in the app by clicking on the My Care menu option at the bottom of the home page. Then click on the blue "Take Photos" prompt.



With the cheek retractor in, you will take 3 photos (one facing straight, one facing right, and one facing left) in each of the following positions:

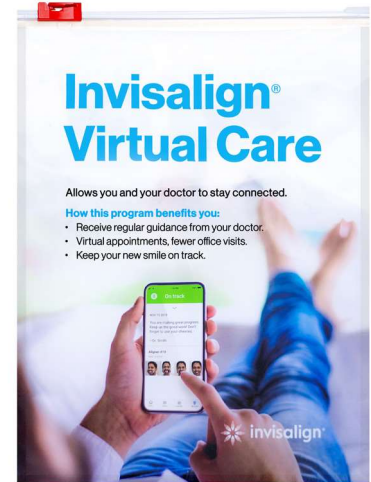
- Aligners on and your bite open
- Aligners off and your bite open
- Aligners off and your bite closed

+ Your doctor will provide you with a cheek retractor to help capture clear views of your teeth.

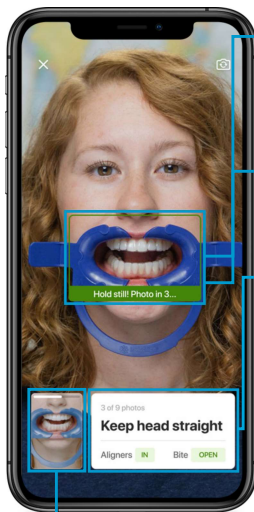
The Invisalign Virtual Care patient pouch is available through your doctor or InvisalignAccessories.com to support getting started with Invisalign Virtual Care. This pouch includes:

- A specially designed cheek retractor to help capture clear views of your teeth, needed by your doctor to assess your treatment progress. This cheek retractor is simple to use, comfortable to wear, and easy to clean
- A convenient storage pouch
- Easy-to-follow directions on how to download the My Invisalign app and how to use the cheek retractor to take photos

Contact your doctor or visit InvisalignAccessories.com to learn more.



+ Insert your cheek retractor and tap each photo to start the photo-taking process.



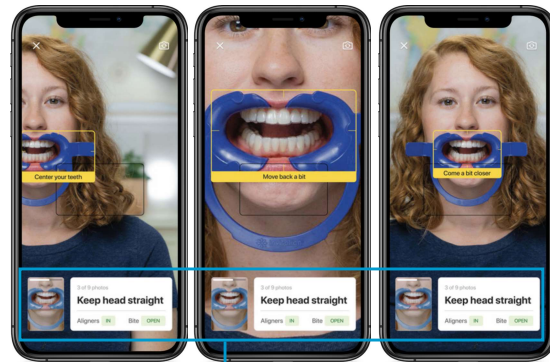
+ **Photo frame:** Once confirming the photo to be taken, you should start by lining up your mouth with the black rectangle in the center of the screen.

+ **Automatic photo-taking:** Once the photo is lined up as needed, the photo frame will turn green and count down from 3 until the photo is taken.

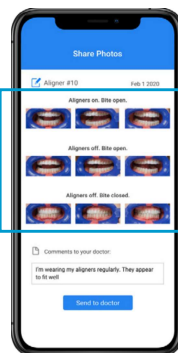
+ **Photo guide:** A white text box appears when taking each photo, which provides the following information:

- Photo progress: how many photos have been completed and how many remain
- Photo head position: the way you should position your head
- Aligner and bite position: whether the aligner should be in or out, and if the bite should be open or closed

+ **Video guide:** A video demonstrating the head and camera positions needed to take each photo is available by clicking on the thumbnail image next to the photo guide.



+ **Dynamic photo-taking feedback:** A yellow frame will appear with dynamic instructions on how to adjust the photo to achieve the needed image.



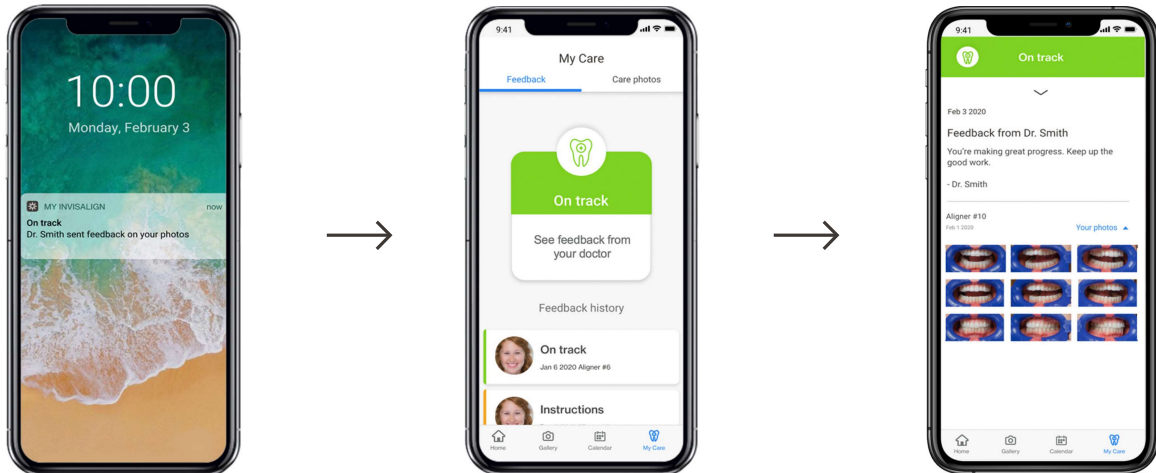
+ **Submit photos and comments:** When all 9 photos have been taken, you can add comments or questions before submitting to your doctor.

Receiving feedback

Your doctor will provide one of two types of feedback after reviewing your photo submission: “On track” or “Instructions.” See below for more details.

+ On track

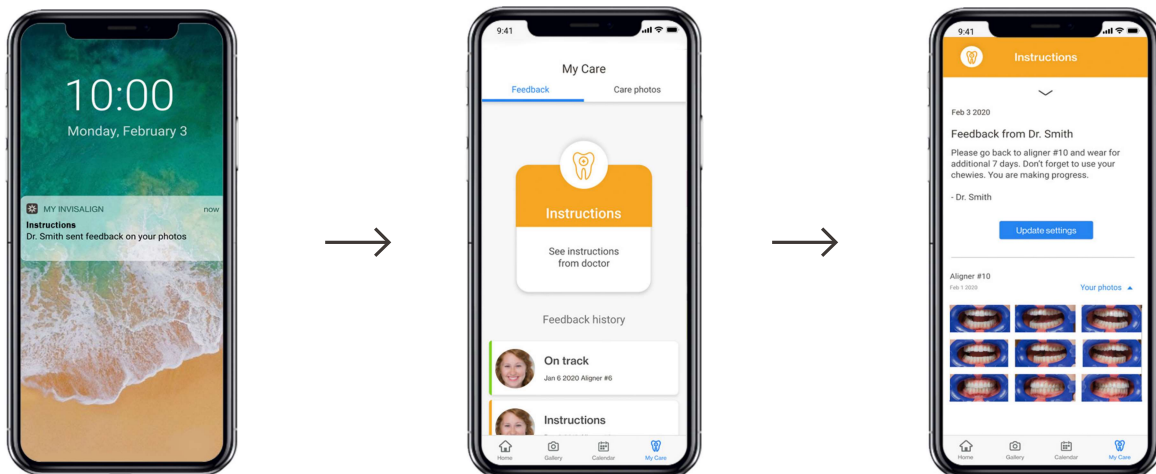
Nice work. Your doctor has indicated that your new smile is progressing according to your custom treatment plan. Continue wearing your aligners as directed.



+ Instructions


Your doctor may provide additional guidance, such as wearing your current aligner for additional time or using chewies. Always follow your doctor’s guidance to keep your new smile on track.


Occasionally, your doctor may need to make adjustments to your treatment, such as changes to aligner stage or wear time. These changes can be automatically programmed into your My Invisalign app. Simply tap “Accept settings update” and you will continue to get notifications for your new schedule of aligner changes.





Your doctor may ask to set up a virtual appointment with you. If so, you will receive an email with a link to download the Zoom Meetings app and a link to join the meeting at the scheduled time.

Don't forget to explore the My Invisalign app.

 Try the wear timer to track your aligner wear time and keep your doctor informed.

 Use the appointment tracker to keep track of upcoming appointments.

 View and share your progress photos with friends and family.

 Get help with the app in profile under “My Feedback/rating.” Use the form to submit questions.